

**CAB Conference Call
October 26, 2023
12:00 ET
Meeting Minutes**

Participants:

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| Anisa | Harvard T.H. Chan School of Public Health |
| Carol | Bronx-Lebanon Hospital Center |
| Chitara | Ann & Robert H. Lurie Children’s Hospital |
| Claire | Harvard T.H. Chan School of Public Health |
| Exzavia | Children's Diagnostic & Treatment Center, Ft. Lauderdale |
| Falon | University of Colorado, Denver |
| Gena | University of Miami, Florida |
| Jackie | Westat |
| Joel | University of Puerto Rico |
| Karim | Westat |
| Kim | Texas Children’s Hospital |
| Kylie | Texas Children’s Hospital |
| Liam | FSTRF |
| Liz | Harvard T.H. Chan School of Public Health |
| Mandy | Harvard T.H. Chan School of Public Health |
| Raiko | University of Colorado, Denver |
| Samantha | Tulane University |

• **APPROVAL OF MINUTES**

The minutes from the September call were approved with no changes.

• **ICEBREAKER**

Mandy led the icebreaker.

• **SELF-CARE SPACE**

Liz led the self-care space.

• **SCIENTIFIC AIMS BRAINSTORM**

Mandy explained that the PHACS Fall Forum is scheduled for November 1, 2023, at 12PM ET. During the forum, every group in PHACS will have the opportunity to present their priorities.

At the last CAB meeting the topics below were discussed:

- Aging in HIV
- Whole Body Health
- Provider Retention
- COVID
- Men’s Health

Mandy asked the CAB members if they had additional priorities:

- **Samantha** mentioned several topics of interest such as growing up being affected by HIV, women with children, long-term effects of HIV medication for women and their children, disclosure of HIV status to children and social support for people affected by HIV.
 - **Mandy** agreed disclosure of HIV status has been a very important topic. She mentioned a comic book created by the HECC that discusses the topic. The resource can be accessed on the PHACS website: <https://phacsstudy.org/Community/HIV-Disclosure-Comics>. **Claire** indicated that the “Caregiver’s guide to disclosure” is a great resource to find ideas from other caregivers and guidance for different ages of kids.
- **Chitara** mentioned the lack of social support for kids that are HIV negative with positive mothers. In addition, people still have stigma around HIV. People affected by HIV should receive social support to deal with their self-esteem.
- **Mandy** suggested creating a document with definitions of tests for participants. The document would provide general definitions without making conclusions about anyone’s health.
 - **Kim** agreed this resource will be helpful to give some guidance for participants. It will teach people to advocate for themselves.

• CREATIVE PROJECTS: UPDATES

Mandy thanked community members for their input in the development of the SMARTT coloring pages. These pages are posted on the PHACS website: <https://phacsstudy.org/Community/Go-with-Coco-Series>

Mandy explained that the next CAB Newsletter will be sent in January 2024. She asked the CAB members for themes. Suggestions:

- Nutrition
- Wellness
- Which type of flavor are you
- Winter wellness
- Cheerful thoughts

CAB members suggested including self-care activities, favorite pajamas, favorite comfortable thing to wear at home and winter hobbies.

NOTE: The next CAB call will be on November 30, 2023, at 12:00 PM ET.